



Spirit of the Children Society

December 2011



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Traditional Aboriginal Parents Program (TAPP) Women's Session</p> <p>9:30 — 2pm @ SOTCS End Date: Dec 14th</p> <p>New Program starts Jan 09, 2012</p> <p>ECD Drop-in</p> <p>1:00-4:00pm BURNABY @ Forest Grove End Date: Dec 12th</p> <p>Women's Support Circle</p> <p>4-7pm @ SOTCS</p> <p>Contact SOTCS 604-524-9113 End date Dec 19th</p>  <p>Men's Support Group</p> <p>5-7pm @ SOTCS</p>	<p>Traditional Aboriginal Parents Program (TAPP) Women's Session</p> <p>9:30 — 2pm @ SOTCS End Date: Dec 14th</p> <p>New Program starts Jan 09, 2012</p>  <p>Elders Tea & Bannock</p> <p>2:30 - 4:30pm @ SOTCS</p> <p>Contact Verl 604-524-9113 Ext. 2240 End Date: Dec 20</p> <p>The Urban Drum Youth Drop-in Program</p> <p>4 - 7pm @ SOTCS</p> <p>Contact Kristina: 778-318-7704</p>	<p>Traditional Aboriginal Parents Program (TAPP) Women's Session</p> <p>9:30 — 2pm @ SOTCS End Date: Dec 14th</p> <p>New Program starts Jan 09, 2012</p> <p>ECD Drop-in</p> <p>9:00-12:00pm POCO @ James Park End Date: Dec 12th</p> <p>CO-ED DROP-IN BEADING PROGRAM</p> <p>@ SOTCS 4 - 7pm End date Dec 21</p> 	 <p>POCS @ SOTCS</p> <p>9:00—12:00 End Date: Dec 8th</p>  <p>ECD Drop-in</p> <p>1:30-4:30pm NEW WEST @ SOTCS End Date: Dec 15th</p> <p>The Urban Drum Youth Drop-in Program</p> <p>4- 7pm @ SOTCS</p> <p>Contact Kristina 778-318-7704</p> <p>YAC (Youth Advisory council)</p> <p>Once monthly 5- 7 pm Dec 15th</p>	<p>ECD Drop-in</p> <p>9:00-12:00pm NEW WEST @ SOTCS End Date Dec 16th</p> <p>Baby Bears</p> <p>10:00-11:00am End Date: Dec 16th</p> <p>Obin Ni'i Prenatal Program</p> <p>1 -4pm @ SOTCS End Date: Dec 16th</p> <p>Traditional Regalia Making</p> <p>1-4pm End Date: Dec 9th</p> <p>SOTCS</p> <p>Program News & Updates:</p> <p>SOTCS Will be Closed December 23 through January 3, 2012</p>



Spirit of the Children Society (SOTCS)

201— 768 Columbia Street, New Westminster, BC V3M 1B4

Phone: 604-524-9113 Fax: 604-524-9124

Website: www.sotcs.ca

For program information see other side.

Spirit of the Children Society Program Information: SOTCS

EARLY CHILDHOOD PROGRAMS:

ECD Aboriginal Family Drop-In Programs: Join us for our Family Drop-in Programs. For families with children between birth to 6 years old, both here at SOTCS and out in your community. We provide a healthy snack and a circle time with songs and drumming as well as many toys and resources in a warm cultural environment. We focus on traditional teachings, such as the Medicine Wheel and the Seven Sacred Teachings. For more information contact ECD staff at 604-524-9113 ext 2241. Email: ecdprogram@sotcs.ca

Locations to choose from:

Burnaby, Mondays 1:00pm–4:00pm: Forest Grove Elementary Park, 8525 Forest Grove Drive. **No Program on Dec 19, 26**

Tri-City, Wednesdays 9:00am - 12:00pm: James Park Elementary Annex 1761 Westminster Ave, Port Coquitlam. **No Program on Dec 21, 28**

New Westminster, Thursdays 1:30pm - 4:30pm: at Spirit of the Children Society. **No Program on Dec 22, 29**

New Westminster, Fridays 9:00am - 12:00 pm: at Spirit of the Children Society. **No program on Dec 23, 30.**

ECD Drop-in Programs will resume the second week in January 2012

Baby Bears Program. Fridays 10:00am-11:00am during ECD Drop-in @ SOTCS. For parents & their infants birth to 3 years old. Focus is bonding and attachment. Provides a place to learn traditional Aboriginal songs, stories, and teachings. Snacks provided. For more information contact 604-524-9113. **End Date: Dec 16th**

Traditional Regalia Making. Fridays @ SOTCS 1pm-4pm. (8 week program) For Aboriginal families with children birth - 6 years old. Make a traditional regalia; shawl; ribbon shirt; button blanket or moccasins for yourself or your child and learn the meanings behind Powwows. For more information, contact ECD Staff at 604-524-9113 ext 2235. **End Date: Dec 9th.**

Obin Ni'i Prenatal Program (Gitxsan for "I am pregnant"). Fridays for 8 weeks 1pm-4pm @ SOTCS Registration required. Any Aboriginal pregnant women can register at any point during her pregnancy. Soon to be mothers will learn about their pregnancy in a traditional and clinical way. For more information contact Carly at 604-524-9113 ext 2233. **End Date: Dec 16th**

Protecting Our Children's Spirit Program (POCS). Thursdays @ SOTCS 9am-12pm. (10 week program) Parents/Caregivers with children birth to 6 years old, will learn child development stages, Medicine Wheel Teachings, & the Seven Sacred Teachings. For more information contact ECD Staff at 604-524-9113 ext 2234. **End Date: Dec 8th**

WOMEN'S PROGRAMS:

Women's Support Circle. Monday evenings 4pm–7pm @ SOTCS. A place for Aboriginal women to connect in a supportive social network; learn educational topics along with cultural teachings. For more information contact the Women's Group Facilitator at 604-524-9113.

WOMEN'S & MEN'S PROGRAMS:

Traditional Aboriginal Parents Program (TAPP) Mondays, Tuesdays, Wednesdays 9:30am - 2pm @ SOTCS. (12 week session) Traditional Aboriginal Parents Program is modeled around the Medicine Wheel. TAPP is a strength based model supporting individual & family development through educational teachings, sharing personal stories & learning traditional Aboriginal culture. Participants have the opportunity to receive one to one support. Bus tickets, childminding & snacks provided. For more information Contact SOTCS at 604-524-9113. **Men's TAPP—Summer Only **Women's TAPP Sessions: Oct 11th—Dec 14th Next Women TAPP Start: Jan 9, 2012**

Co-ed Drop-in Beading Program: Wednesdays 4pm -7pm @ SOTCS. All materials provided, snacks and bus tickets available. **Limited space available.** For more information Contact Verl at 604-524-9113 ext 2240.

Elders Tea & Bannock Group: Tuesdays 2:30pm — 4:30pm @ SOTCS in the Rotunda. All Elders welcome! Come and drop by. For more information contact Verl 604-524-9113 ext 2240.

MEN'S PROGRAMS:

Men's Support Group: Mondays 5pm-7pm @ SOTCS. Drop-in, bus tickets and snacks provided. Group is for building your own supports in the community, bring an open mind. For more information contact Larry at 604-524-9113 ext 2238.

YOUTH PROGRAMS:

Iskwew Girls Group Program Youth 13 to 18 years old: The program runs for 10 weeks next start date is mid Jan/2012. The Program has cultural, social and recreational activities. Limited space Please contact Kristina at 604-524-9113 ext 2227. **Next session Jan 2012**

Band of Brothers Pilot Boys Program: Youth aged 12-18 @ SOTCS. The program will provide youth with a weekly session that will include; cultural, physical, mental, educational and spiritual teachings over a span of 9 weeks to boys in our community. For registration info contact Chris at 604-524-9113 ext 2244. **Next session Jan 2012**

Aboriginal Youth Paintball Initiative: Youth aged 13-18. Some activities are of a cultural nature and others will be a combination of social, cultural and recreational. Please contact the facilitator Chris Perez at 604-524-9113 ext 2244 to find out more about what will be happening during the Fall and Winter months. **Outings: TBA. Limited space available.**

THE URBAN DRUM YOUTH PROGRAM DROP-IN: Tuesdays & Thursdays 4pm - 7pm: Youth 13 to 19 years old. SOTCS has two drop-in programs on Tuesday and Thursday evenings. Youth focus on personal development, cultural teachings and creative expression. We provide a healthy and supportive environment where youth can be themselves and engage in fun filled activities throughout the year. We provide meals and bus tickets.

For more information please contact Kristina at 604-524-9113 ext 2227 / Youth Cell 778-318-7704

Tuesday Drop-in Program (Fusion Tuesdays): 4 -7 PM. Come and check out the different activities we do each week. No experience needed. Call for details. **Physical Activity: Circuit training/Youth Kitchen**

Youth Advisory Council (YAC): Must register! Wednesdays once a month from 5pm-7pm: YAC is a group of 10 committed youth who meet 1 times a month to talk/engage/create and support many projects throughout the community. Spaces available, call for more information! **Meeting: Dec 15, 2011**

Thursday Drop-in Program: 4-7pm. Come and check out the different activities we do each week. No experience needed. Call for details. **Cultural Activity: Regalia**