

SPIRIT OF THE CHILDREN SOCIETY



We are an Aboriginal non-profit society providing services to families within the Burnaby, New Westminister, and the Tri Cities areas.

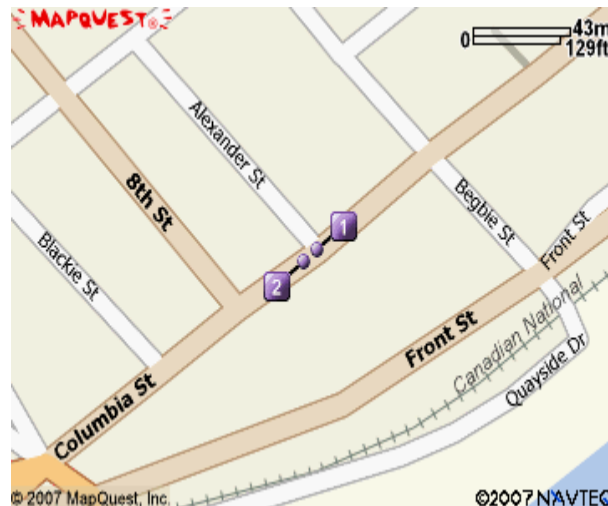
New Location

Spirit of the Children Society

Suite #201- 768 Columbia Street

New Westminister, BC

(We are above the Salvation Army Thrift Store, right across from New Westminister Skytrain Station)



Traditional Aboriginal Parents Program (TAPP)

8-WEEK SUMMER PROGRAM

June 23rd-August 13th, 2009



Facilitator: Shannon Gaudry
Elder: Verl Ferguson
Office: 604-524-9113
Cell: 604-240-8280
Email: sgaudry@sfu.ca

Purpose

The Spirit of the Children Society is offering a 8-week traditional Aboriginal parents program that will be modeled around the Medicine Wheel.

The purpose of the program is to assist individual and family development through educational teachings, sharing personal stories, and learning about traditional Aboriginal culture.

Our main objective is to encourage personal healing; to find a balance between ones emotional, physical, mental, and spiritual well-being, and to facilitate personal awareness and growth.

The program is suitable for any Aboriginal parent who wishes to begin, or to continue upon, their personal healing journey. Come and explore your culture, your relationships, and yourself.

Schedule

The Traditional Aboriginal Parents Program will run for 8 weeks beginning Tuesday, June 23rd, at 9:30am.

The program will run every Tuesday, Wednesday, and Thursday from 9:30am-2:00pm. Thursday, August 13th will be the last day of the program.

Registration

Registration starts on June 1st, 2009. Participation is voluntary therefore any parent can self-refer by phoning Shannon Gaudry at 604-524-9113 (extension 2236).

Bus tickets, child-minding, and snacks may be provided.

Topics

Many of the topics will be determined by the needs of the participants but here are some examples of possible topics:

- Stress Management
- Values, beliefs, & attitudes
- The Medicine Wheel
- The seven sacred teachings
- The effects of colonization and residential school
- Traditions: smudging, beading, sweat lodges
- Addictions
- Family violence
- Child development
- Discipline
- Feelings and emotions
- Anger Management
- Mental Health Issues
- Self-care
- Journaling