

SPIRIT OF THE CHILDREN SOCIETY



We are an Aboriginal non-profit society providing services to families within the Burnaby, New Westminister, and the Tri Cities areas.

Location

Spirit of the Children Society

Suite #201- 768 Columbia Street

New Westminister, BC

(We are above the Salvation Army Thrift Store, right across from New Westminister Skytrain Station)



Traditional Aboriginal Parents Program (TAPP)

****MEN'S GROUP****

10-Week Program
August 2nd-October 6th, 2011



Facilitator: Tom Smith
Facilitator: Vince Bellerose
Office: 604-524-9113 ext. 2230
Email: t.smith@sotcs.ca

Purpose

The Spirit of the Children Society is offering a 10-week traditional Aboriginal parents program that will be modeled around the Medicine Wheel.

The purpose of the program is to assist individual and family development through educational teachings, sharing personal stories, and learning about traditional Aboriginal culture.

Our main objective is to encourage personal healing; to find a balance between ones emotional, physical, mental, and spiritual well-being, and to facilitate personal awareness and growth.

The program is suitable for any Aboriginal parent who wishes to begin, or to continue upon, their personal healing journey. Come and explore your culture, your relationships, and yourself.

Schedule

The Traditional Aboriginal Parents Program will run for 10-weeks beginning August 2nd at 9:30am.

The program will run every Monday, Tuesday, Wednesday, and Thursday from 9:30am-2:00pm. Last day is October 6th, 2011.

Registration

Registration is on-going. Participation is voluntary therefore any parent can self-refer by phoning Tom Smith at 604-524-9113 (extension 2230).

Bus tickets, child-minding, and lunch will be provided.

Topics

Many of the topics will be determined by the needs of the participants but here are some examples of possible topics:

- Stress Management
- Values, beliefs, & attitudes
- The Medicine Wheel
- The seven sacred teachings
- The effects of colonization and residential school
- Traditional teachings
- Addictions
- Family violence
- Child development
- Discipline
- Feelings and emotions
- Anger Management
- Mental Health Issues
- Self-care
- Journaling
- Sharing Circle
- Body Talk Access

Note that the topics are flexible and will vary depending on the needs of the group