



## Aboriginal children and youth (0-6), all caregivers who:

- ☉ Live within the service area of Burnaby, New Westminister, and Tri-Cities.
- ☉ Have or is in the process of getting a diagnosis of **FASD** or demonstrate a complex behavioral development condition.

**And**

Children who have delays in two or more of the following domains:

- ☉ Cognitive, communication or academic development.
- ☉ Mental health and behavior
- ☉ Adaptive and social skills
- ☉ Physical development or physical features consistent with **FASD**

## Who can Refer?

- Fraser Health Services
- Community agencies
- School Board staff
- Ministry of Children & Family Development
- Self-referral

## Referral Process

- » Mail or fax referral form.
- » You will be contacted by a Spirit of the Children staff member and a visit will be arranged.



*Aboriginal Community  
Resource Worker-  
FASD*

**#201 - 768 Columbia Street  
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Phone: 604-524-9113  
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**Community Resource  
Worker- FASD**

**[www.spiritofthechildren.ca](http://www.spiritofthechildren.ca)**



# Who we are:

We are an Aboriginal non profit society serving families in the Burnaby, New Westminster, and the Tri-Cities area.

Our goal is to provide services that create empowerment and strength within Aboriginal families in the communities we serve.

## PHYSICAL

Providing information to strengthen families to promote healthier child & family development.

## MENTAL

To assist families with expanding their knowledge and skills as care givers.

## EMOTIONAL

Families identifying, understanding & expressing emotions while building healthy relationships.

## SPIRITUAL

Cultural teachings to promote healing of our past through traditional practices.

## FETAL ALCOHOL SPECTRUM DISORDERS-FASD

## DEFINITION

FASD is a very complex, multi-faceted disability that is found in all races and socio-economic groups.

FASD is not a genetic condition nor is it inherited.

Babies who are exposed to alcohol while in the womb may have facial and/or birth defects, growth difficulties, brain damage and problem behaviors leading to learning disabilities, social behaviors, mental health issues.

For women there are no safe limits of alcohol exposure and FASD is 100% preventable, with family & personal support.

Breast feeding Mother's should abstain from using alcohol while nursing.



**Brain = Behavior**

**Shifting our thinking to accommodate the learning needs of children with FASD**

## ROLES OF THE COMMUNITY RESOURCE WORKER- FASD



- Provide services for Aboriginal children and families affected by **FASD**.
- Provide home support to parents/care givers/family members in time of crisis and transition.
- Develop joint wellness plan keeping families at the center of decision making.
- Assist with community resource information, referrals, advocacy for children & families.
- Develop and facilitate parent to parent support groups.
- Aboriginal Family Drop in program support.
- Provide community and parent awareness and education about FASD.